



2024

OUR HIGHLIGHTS

AFFORDABLE PLANS

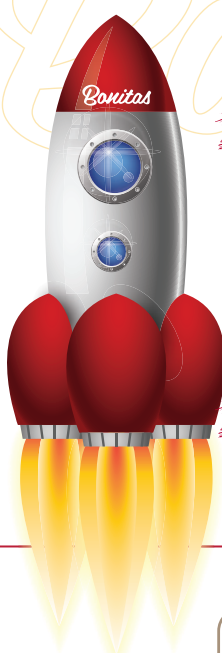
Cover starting from as little as **R1 378** per month
A wide range of plans to suit the needs of all South Africans

MORE VALUE



INCREASED BENEFIT BOOSTER*

Now up to **R5 000** to use for out-of-hospital claims**



NEW
Dependants up to age 24 years pay child rates
Only pay for a maximum of 3 children**

Cover for up to 60 chronic conditions
+ Free chronic medicine delivery

NEW
2 emergency room consultations per family

24/7 OFFERING



BONITAS SOS
24/7 medical emergency support when you need it
0860 555 505



BABYLINE
A 24/7 advice line available on all Bonitas plans for parents with toddlers
0860 999 121

FREE ONLINE HEARING SCREENING AVAILABLE TO ANYONE OVER 18 AT WWW.BONITAS.CO.ZA

MENTAL HEALTH SUPPORT
Offered through our Member App

LEADING PROGRAMMES AND BENEFITS

EXTENSIVE CARE PROGRAMMES TO HELP MANAGE CHRONIC CONDITIONS

NEW
MENTAL HEALTH PROGRAMME + DEPRESSION BENEFIT – ON ALL PLANS
Supporting members who suffer from depression, anxiety, PTSD and alcohol abuse

NEW
AUDIOLOGY BENEFIT MANAGEMENT PROGRAMME**
Supporting members experiencing hearing loss

COMPREHENSIVE CANCER BENEFITS
Unlimited cover for PMBs on all options

BACK AND NECK PROGRAMME
Offers a personalised treatment plan to help you manage severe back and neck pain



*After completing a wellness screening or online wellness questionnaire

**Plan dependent

MEMBER INFORMATION HUB

How to get your claims paid quickly

Effortlessly getting hospital authorisations

Finding out more about our Care programmes

Registering your chronic medicine

Accessing our Maternity programme

Getting more benefits with the Benefit Booster

Going for a free wellness screening

And much more...

We know that medical aid can be confusing at times, but we've made it easy for you to quickly access essential medical aid information. And there is no need to log in, just info at the click of a button.



BONITAS WHATSAPP LINE

 060 070 2491

- Live chat to a support agent
 - Get statements, certificates and more
 - View and submit claims
- Save your electronic membership card

VISIT [BONITAS.CO.ZA/MEMBERS-PAGE](https://bonitas.co.za/members-page) AND START MAKING THE MOST OF YOUR BENEFITS TODAY!

NEW

The new **"REQUEST AN AMBULANCE"** function on our website allows members to complete the necessary authentication to get an ambulance sent to them in an emergency – and track its location in real-time!

YOU GET MORE

NEW

MOTHER & CHILD CARE + BE BETTER BENEFIT

Offering up to **R50 000** in additional benefits for preventative care, wellness, childcare, maternity care and much more...



BENEFIT BOOSTER*

The only benefit in the market which gives members access to an additional amount to use for out-of-hospital expenses at no extra cost.

Now with up to **R5 000**** to use for out-of-hospital expenses like GP visits, over-the-counter medicine, blood tests, x-rays and more.

*After completing a wellness screening or online wellness questionnaire

**Plan dependent

